

The STAR

October - November 2019

Numbers and Names



The world we live in is so complex that it can hardly be helped that one of the ways we keep track of people is through rather long numbers.

Many of us have at least some of these numbers memorized. I can rattle off my Social Security number, my address and my phone number. I bet you can too. For that matter, I even remember my college ID number (950171-9 – in case you were wondering).

But wouldn't it be nice to be known by our names instead of our numbers?

One of the promises of Jesus that I find most heartening is that he indeed knows us by our names. He describes himself as a Good Shepherd in John 10 and says "*he calls his own sheep by name and leads them out.*"

That means we are individuals, people before Jesus, not just a number in a heavenly database somewhere in the sky. I am Peter to Jesus. Jesus calls me and you by our own names. That means His love for us is specific, not just a general love for "humanity." That gives us an invitation to know God through Jesus Christ, because we are already known by him – by name.

But what if our name feels like a trap, like a bond to a past we wish to leave behind? Even here we have a promise. It comes from Revelation 2, verse 17. *"To the one who conquers... I will give him a white stone, with a new name written on the stone that no one knows except the one who receives it."* Here a new name is a gift, a recasting of our identity, not by our past, but by our Savior, and shared just between each of us and him. It is our true, eternal name, and not only that, but as a sign of our membership in God's family. We are known by name, and we will be named again by Jesus, just as sons and daughters are named by their parents.

Friends, we are known by name, and loved by name, and will be named again. Our God, the Father, the Son and the Holy Spirit, knows us each as unique individuals, now and forever.

God bless,

Encountering God, Building a multigenerational congregation, Equipping every member.

Lessons from Paul to Timothy



When I read the Bible I always notice passages that address Christian leadership. It seems natural, of course, since I am a leader myself. This week I was looking ahead to our October Sunday passages which had me in the letters to Timothy. My interest was piqued.

Some of the leaders Paul mentions in these letters have fascinating stories even when we don't know that much about them. Looking at the second letter to

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Timothy (4:10), we find out that one named Demas has succumbed to a common problem area for a leader, his own sense of self-importance. But then, there is Crescens who left Paul's company with his blessing and went on to minister the Gospel. Then there is Timothy himself, for whom the letter is named. The Apostle Paul had great affection for Timothy and had enough faith in him to lay hands on him and commission him for ministry in Thessalonica, Corinth and beyond. But we know Timothy was young and struggled with timidity. He wasn't sure he had what he needed or his ability to do anything worthwhile for the persecuted Christians. So Paul spent time carefully exhorting, admonishing, persuading and counseling his young protege. Words of encouragement that would have given Timothy courage he needed were Paul's top priorities in his letters to him.

So, Paul writes to remind Timothy (1:6) that the gift given to him was one directly from God. It was Timothy's job to not let it sit idle, neglected and ignored. **Timothy already had what he needed**, **but he was too reluctant to depend on it.** And Paul goes on in verse 7 that those feelings of timidity that Timothy experiences are not from the spirit of God. Clearly, we could say, they had origins in another spirit. That other spirit is the one that likes to cast doubts, to cause hesitation in our faith, the one that likes to remind us of our failures. But God does not want us to be shy with our gifts, but to be bold. God wants us to empower us to love other people. And God also wants us to trust him enough to provide us with self-discipline. The kinds of specific things Timothy experienced, as a young man in a hostile situation could seem far from our own experience, but we can all relate to a lack of boldness, assurance, hesitations and doubts. But Paul's words of encouragement and exhortation to Timothy ring true today: if we experience timidity and fear today, perhaps we are listening to the wrong spirit. Perhaps we hesitate for good reasons too. While, we did not have the Apostle Paul lay hands on us as he did with Timothy, we know that the same Holy Spirit lives within us. **We already have what we need.** Let us not be reluctant to depend on it.

Pamolos +

The STAR

61 New Bells for Epiphany's Handbell Ensemble

The Epiphany handbell ensemble's instruments were augmented by a five-octave set of Schulmerich bells in September. The used bells were purchased from a church in Savannah, Georgia. Funds for the purchase came from a designated gift. Bob Beckley volunteered to fly down to Savannah, pick up the 61 bells and return them to Epiphany in a rental truck. We are grateful the gift that made this musical purchase possible, and Bob's willingness to transport them to church!





Mark Your Calendars: Prayer, Praise and Pie for Thanksgiving

This year, we are continuing our practice of gathering to Give thanks to God for His many blessings and to share pie the evening before our Thanksgiving celebrations. We will be gathering together at 7pm on Thanksgiving Eve (Nov. 27) for "Prayer, Praise and Pie."

While there will be a simple outline, this is going to be an informal time of thanking God for all the ways He has blessed us this past year. Taize' music will be led by Epiphany musicians. Then we will share our favorite family pies in honor of the Thanksgiving holiday.

So, mark your calendar, dust off your best pie recipe and plan to start your Thanksgiving holiday by thanking God for his many blessings.





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As you begin to think about your Christmas plans for this year, there will be one schedule change at Epiphany.

With the support of the vestry, the late Christmas Eve service this year will begin at 9pm, instead of 11pm as it has in past years.

Our hope is this change will make it possible for more people to get a good night's sleep, particularly those who have a part in the music or liturgy at the late service. We also hope it will make the later service, which tends to be quiet and contemplative, an option for more people who simply have been unable to stay up to the wee hours of the morning.



Annual Parish Meeting is Nov. 10

Epiphany's annual business meeting will be at 11:30am on November 10 in the fellowship hall. During the meeting, we will hear a financial update from our finance committee, as well as "state of the church" reports from the rector and associate rector.

The chief business item of our meeting will be the election of three new vestry officers to serve a three-year term beginning on January 1, 2020.

Our goal will be to complete the annual meeting in about an hour. We will provide a simple lunch as well as child-care for younger children.

Please plan to attend!

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October - November 2019

Vestry Nominations Open

Vestry Elections to fill three 3-year terms will be held at the Annual Meeting on November 10, 2019. We are looking for several good men and women to step forward for this opportunity.

To be eligible to stand for Vestry election an individual must meet the qualifications stated in Article VI. A of the bylaws: "Only Eligible Voters who are eighteen years of age or over and have also been confirmed or received by a Bishop of the Province or another province of the Anglican Communion shall be eligible to serve on Vestry." Full bylaws can be found at the link below.



The nominating committee consists of the off-going Vestry members and two members-atlarge The off going Vestry members are Doug Greenwood and Debby Morris. Members-atlarge are: Merle Stromberg and Bessie Cool. Contact any one of them for more information.

https://epiphanyanglican.net/wp-content/uploads/2017/10/BYLAWS-Approved-13-November-2016.pdf

The following pages contain images of the entire Vestry Nomination Information pamphlet. You can download copies of the full size .pdf file at the following link:

An excerpt from the Canons of the Diocese of the Mid-Atlantic, Title I B, Canon 1,C, ii concerning the qualifications to serve on the Vestry

ii. Vestry Qualifications. Qualification for Vestry membership is based on the applicable passages of Titus 1. A candidate shall be:

- a. A mature Christian;
- b. One who maintains an active life of prayer and study of Scripture;
- c. One whose life and relationships are in order;
- d. One who is known and respected among the Congregation;
- e. One who has been or is currently active in ministry
- f. One who is known as a cheerful giver of time, talent, and treasure;
- g. One who understands, has counted the cost of, and is committed to fulfilling the
- responsibilities and duties of a Vestry member; and
- h. One who affirms the Fundamental Declarations of the Diocese as set forth in Article I of the Diocesan Constitution and the Standards of Morality and Ethics as set forth in Title II, Canon 5 of the Diocesan Canons.

What is the Vestry?

The Vestry is the governing board of Church of the Epiphany that, with the Rector, leads the parish. As part of the Anglican Church of North America, the role of our Vestry is defined as follows:

"The governing board is responsible for the temporalities of the congregation and, except where otherwise provided by canon, supports the clergy in the spiritual leadership of the congregation."

Serving on the Vestry is an exciting opportunity to grow spiritually and be part of the leadership as we follow Jesus Christ on our spiritual journey.

What is it like?

We meet once a month (2nd Tuesday) from 7-9:00 pm. We respect your commitment, so we start on time and end on time, unless we agree as a group to go later. Prayer is the beginning and end of our meetings. While we meet, the Prayer Team intercedes in prayer for us. We deliberate over the strategic issues and decisions for Epiphany. During the meeting we check in with each other on what we're doing, ask for help when we need it and make decisions only after we have all the information and time we need.

What is expected of Vestry leadership?

All of us are in the process of growing into what it means to be a disciple of our Lord. None of us is perfect, sinless or done growing. Vestry members are expected to be committed to Christ, have a regular time in His Word, and depend on Him for strength and wisdom.

We need your prayers for Epiphany, our priests and your fellow leaders. You have power in deciding the budget, so it is required that you support Epiphany financially as well. As a servant-leader, it is important that you be at church most Sundays, attend vestry meetings and participate in major parish events. As a Vestry member you will be supported in prayer by prayer partners.

The Vestry Oath: What am I signing on to?

"I do believe the Holy Scriptures of the Old and New Testaments to be the Word of God and to contain all things necessary for salvation through Our Lord Jesus Christ, and I do yield my bearty consent to the Fundamental Declarations set forth in Article I of the Constitution, and to the discipline and forms of worship of the Anglican Church in North America. I promise, with God's help, that I will faithfully execute the duties of the office of Vestry member of this Congregation to the best of my ability."

What are the qualifications?

A candidate for the Vestry of Church of the Epiphany must:

1. Be an Eligible Voter of the congregation, 18 years of age or older.

2. Be confirmed or received by a Bishop of a Province of the Worldwide Anglican Communion and be a person not holding equivalent status in another church or parish regardless of denomination.

3. Submit his/her name and information to the Nominating Committee so people can pray before the election.



Vestry Nomination Information 2019

Vestry Elections Sunday November 10th After the 10:15 AM Service 6

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How do I know I am called? Is it the time for me to contribute?

You are invited to come to an upcoming Vestry Meeting to see what the Vestry does and how it operates. Meetings are normally on the second Tuesday of the month and begin at 7:00 pm.

Leadership in Epiphany is primarily based in serving. Service is giving yourself to God's purpose for you and others. If you are looking for an opportunity to grow in prayer, love and experiencing the power of God's Spirit, then pray and ask God to show you where He wants you.

So what do I do next?

The first step is to apply to be a Nominee. The easiest way this can be done is by filling out the Vestry Nomination form on the last page of this document. You can nominate yourself or you can be nominated by another member of the congregation.

Once you are nominated, the final step is complete the Vestry Nominee Bio form that is available at the following link:

https://ldrv.ms/u/s!AhoED3iPktdNgu9rYUTWPjIveSET4Q?e=1L3A3Y

Both the last page of this document, the Vestry Nomination Form, and the full Vestry Nominee Bio form must be completed and returned to a member of the Nomination Committee, or emailed to <u>star@epiphanyanglican.net</u> on or before **October 20, 2019**. This information will be provided to the parish via the STAR newsletter and by posting it at the church. Vestry elections will be held during the Annual Meeting on **Sunday, November 10, 2019**.

A summary of the biographical information questions that appear in the Vestry Nominee Bio form is shown in the box below:

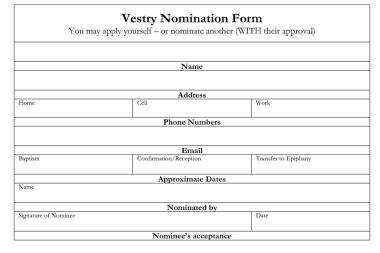
NOMINEE'S BIOGRAPHY

Name: Family Members:

- Occupation: a. How would you describe your relationship with God and how you
- have come to this point in your spiritual journey?b. In order for the parish to get to know you, describe your history with the Church of the Epiphany, including how long you have been

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- attending and in which ministries you are or have been involved?
- . What are your hopes and dreams for Church of the Epiphany?
- d. How will your life experience and abilities contribute to our leadership?



For the Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart. (1Samuel 16:7)

Trust in the Lord with all your beart, and do not lean on your own understanding. 6 In all your ways acknowledge him, and he will make straight your paths. (Proverbs 3:5)

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. submitting to one another out of reverence for Christ. (Ephesians 5:15-16, 21)

Do not turn aside from following the Lord, but serve the Lord with all your heart. Only fear the Lord and serve him faithfully with all your heart. For consider what great things he has done for you. (1 Samuel 12:20, 24)

> Vestry Nominating Committee for 2019 Doug Greenwood, Out-going Vestry Member Debby Morris, Out-going Vestry Member Merle Stromberg, Member-at-large Bessie Cool, Member-at-large

Fillable versions of Vestry Nomination Information document and form and the Vestry Nominee Bio form can be downloaded at the following link, or by scanning the QR Code with your smart phone:

https://ldrv.ms/u/s!AhoED3iPktdNgu9rYUTWPjIveSET4Q?e=1L3A3Y



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Women's Fellowship

Sisters in Christ ... Laborers together with God ... bringing forth fruit in His Season!



Calling Ladies of All Ages!

OUR VISION: To build a strong community of women within Epiphany united by our love of Jesus Christ and the desire to meet, work and "play" together as Sisters in Christ.

OUR GOAL: To offer our women a range of fellowship opportunities that will promote friendship, personal renewal, and spiritual growth!

Areas of Ministry

• Seasonal Gatherings

- Bible Study
- Spring Retreat: April 17-18, 2020
- Ladies Dining Out
- Spiritual Journaling Groups
- Road Trips ~ "Outings"

Leadership

For information, to make suggestions, or to volunteer contact:

Judy Schulenberg schulenberg j@msn.com or Catherine Zimmerman catherinezimmerman67@gmail.com

You are the body of Christ! Each one of you is a part of it! 1 Corinthians 12:27

Romans 12: 3-6

³For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. ⁴ For just as each of us has one body with many members, and these members do not all have the same function, ⁵ so in Christ we, though many, form one body, and each member belongs to all the others. ⁶ We have different gifts, according to the grace given to each of us... let us use them! The STAR -

Welcome to Women's Fellowship

Women's Spring Retreat Friday and Saturday: April 17-18th, 2020

Location: San Damiano Spiritual Life Center A beautiful, quiet retreat center near Winchester, VA.

Speaker: The Rev. Mary Amendolia Gardner

The Rev. Mary Amendolia Gardner earned her MA in Christian Spirituality from Heythrop College, University of London, with a focus on the visual arts and spiritual transformation. She trained for ministry at Wycliffe Hall in Oxford, England and the Oxford Centre for Christian Apologetics.

2020 Retreat Chair: Diane Reed diane.cudoc@gmail.com

Introducing a New Activity! "Road Trips" Outings for Fun & Fellowship

First activity: October 5th To see the movie: Downton Abbey

Fairfax Corner 14 ~ Rave Cinemas 11900 Palace Way, Fairfax, 1400 Monument Corner Dr

Watch for an Evite with details!

Special Interest Groups

Bible Study

Pat Meyer leads a Bible Study in her home and warmly invites you to visit the group and see if it meets your specific needs. The group will be using Beth Moore's study guide, *To Live is Christ.* Of course, there is always something wonderful to eat at Pat's served with a delightful cup of coffee or tea. You are welcome so give Pat a call today!

Monday Mornings from 9-11:00am: Pat Meyer phm@phmlcsw.com or 703-627-9825

Address: 13331 Jasper Court, Fairfax, VA

Ladies Dining Out

Debby Morris hosts this fun, chatty group for a casual dinner at Piero's Corner, an Italian Restaurant, located in the Franklin Farms shopping center. This group offers the opportunity to get to know one another in a relaxed, small group setting. There is no agenda except to enjoy the evening and share a meal with sisters. Guests are always welcome. RSVP via Evite.

First Wednesday of the Month, 7:00pm Debby Morris <u>debby1950morris@gmail.com</u> 703-631-1687 Piero's Corner : **13340 Franklin Farm Road**

Spiritual Journaling

Melanie Miller and Debby Morris lead our women's *Spiritual Journaling* groups. These groups get together once a month to explore a spiritual topic and enjoy stimulating conversations with other women. They exchange thoughts, discuss the topic of the day and then usually take a few minutes to journal their reflections. No skill in writing is required. All that is needed is a desire to share some thoughts with other ladies, in an encouraging environment with coffee and goodies served on the side.

1st Friday Journaling Group: Melanie Miller <u>mwmiller73@gmailcom</u>;703-830-9421 15493 Eagle Tavern Lane, Centreville VA

3rd Thursday Journaling Group: Debby Morris <u>debby1950morris@gmail.com</u>; 703-631-1687 Address: 13541 Point Pleasant Dr, Chantilly VA

Pumpkin Carving Potluck

Fall is such a fun time for special activities. Our tradition at Epiphany is to gather on the Sunday before Halloween to scoop out the innards of our pumpkins. This is a follow on event for our Sports Camp children and their families. Join us Sunday, October 27 from

5:00 pm-7:00 pm for the annual Pumpkin Carving Potluck. This is a fun event for the whole family, including the popular gaga ball pit. We will also have pumpkins to paint for our younger children. Consider **signing up** to set up, grill, or clean up. We will provide one pumpkin per family so bring extras if you want to. Invite your friends, bring a side dish, chips or dessert. Direct questions: (pmeeks@epiphanyanglican.net).



Children's Christmas Drama

God seems to speak to us through the innocence and the simplicity of children. Children's words can get around our toughened defenses. The Christmas story is a story about a child above all else, so it is fitting that we have a dramatization with our own children. So, consider staying with your children for an hour at the end of Sunday services for drama practice beginning November 24 through December 22. Mother Pamela has written a new drama of the old, old story and added a few more characters too. It is worth it, for them, for you, and for others who will come and hear the story of God's love incarnate on Christmas Eve at 5pm.





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Missions Update: Becky and Andy Fetzer

Andy and Becky Fetzer have worked with Young Life for many years, trying to inculcate the faith in high schools students in southwestern Virginia. Here is their most recent report (excerpted):

Friends and Family,

What an incredible year we had. And as we embark on a new one, we look back to celebrate what the Lord has done in the Roanoke Valley. This summer countless adventures were had, thousands of friendships were forged, and around 20 high school and middle school students began a relationship with Jesus this summer. We are excited to do it all over again. To head into the high school and middle school campuses, meeting kids with the expectation that we will earn the right to listen and to be heard as we share the good news of Jesus with them. Thank you for your continued support. I am beyond grateful for you. Read below about our changes in staff for the upcoming year.

In Christ,

Andy Fetzer





Behind the front lines of Young Life, there are faithful servants who work tirelessly to make sure the ministry doesn't fall off the rails. One of those faithful servants is our office administrator. But that title doesn't quite encompass all that this person has meant to ministry here in the Roanoke Valley.

Nancy Rahsman has been on Young Life staff for several decades. For approximately the past 20 years, Nancy has held the reigns of the Roanoke Valley Young

Life ministry as the area administrator. She is an office assistant, a counselor, a Mom, an encourager, and self-described Rain Man. (I'll mention a kid I recently met and she'll name the kids parents, their street address and any pertinent information I would need to know. And this is all in her head from memory.) She has seen several Area Directors come and go over the years. She'll tell you that we're all different... each having our own little quirks and management styles. To put up with one Young Life staff is hard enough. She has stuck it out with 6 Area Directors and a dozen or so Staff Associates.

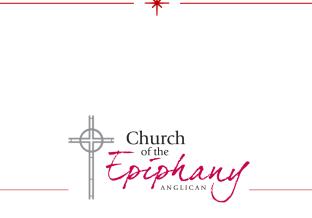
(Continued on page 12)



(Continued from page 11)

We're going to miss Nancy dearly. And not just because of the administrative work that she did with excellence and grace. We're going to miss her stable, optimistic, and faithful devotion to a ministry that has had a direct impact on her and her family and likely yours as well. We're going to miss the countless times she talked us off the ledge of quitting Young Life. We're going to miss the deep theological debates that would last longer than they ought to have. We're going to miss her hippy-wearing Bent Mountain overalls... and her dog Henry joining us in the office as he would steal the entire couch and sit like a human.

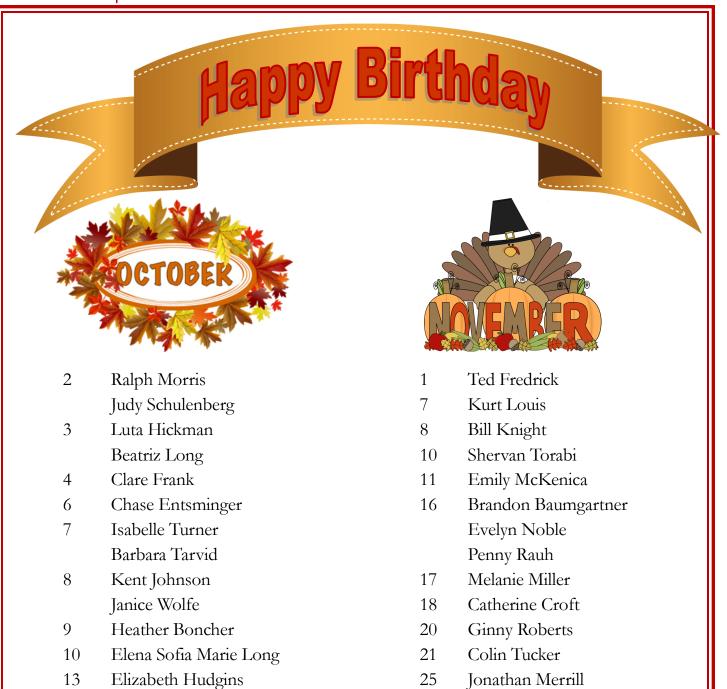
And we're going to miss her presence at every bus departure for Young Life camp... waving goodbye to all her kids... as a good Mom always does.



Here at Epiphany we emphasize:

- Encountering God through beautiful worship and believing prayer
- Building a multigenerational congregation that loves children and families.
- Equipping every member to publicly proclaim the Good News of Jesus Christ.

The STAR ->



- 16 Susan Brown
- 17 Joseph Navarrete
- 18 Keith Menzel
- 19 Frank Donivan
- 21 Nicholas Apelquist Teresa Saddler
- 22 Randy Rash
- 27 Catherine Zimmerman
- 29 Brett Bender
- 31 Lisa Baehr

28 Bessie Cool





24 Paula & Bryan Saddler





- 2 Ross & Christina Cummings
- 7 Will & Pat Schreiner
- 21 Jimmy & Sheila Crawford
- 24 Larry & Carolyn Pantzer
- 25 Bob & Jennie Beckley
- 28 Michael & Lisa Ellis



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Resources

Epiphany Staff	Email
The Rev. Peter Frank, Rector	pfrank@epiphanyanglican.net
The Rev. Pamela Meeks, Associate Rector	pmeeks@epiphanyanglican.net
The Rev. David Welch, Parish Deacon	dwelch@epiphanyanglican.net
Jimmy Crawford, Music Director	jcrawford@epiphanyanglican.net
Janice Monaghan, Financial Director	jmonaghan@epiphanyanglican.net

2019 Vestry

Lisa Baehr Amie Boncher Kelly Derrick Doug Greenwood Sally McNeely Carole Menzel Pat Meyer Debby Morris Mark Oliphant Margaret Stromberg

Vestry Officers

Senior Warden	Mark Oliphant
Junior Warden	Lisa Baehr
Registrar	Amie Boncher
Finance Committee Chairman	Dennis McNeely
Treasurer	Tom Miller
Assistant Treasurer	Charlie Monroe
Chancellor	David Reed

Intercessory Prayer Letter Requests can now be submitted by email at a secure site,

prayer-request@epiphanyanglican.net

or written and left in the prayer request box in the Fellowship Area.

All prayer requests are collected after the Sunday morning services and prepared for Monday morning distribution. For more information or questions, contact Faith Fisler by email at <u>mizfiz34@gmail.com</u>.

Publishing Information

The <u>Epiphany STAR</u> is generally published monthly and contains articles and information about what God has and is doing in us and through us as the Epiphany Family. It is intended to encourage each of us in our ministry and discipleship by relating how God is working in the midst of us.

The *Epiphany Candle* is published weekly by email, highlighting what is coming in the days ahead at Epiphany and other information that the staff and vestry feel is important to emphasize.

Articles and Subscription requests: star@epiphanyanglican.net

candle@epiphanyanglican.net

jcrawford@epiphanyanglican.net (for weekly bulletin)

Deadlines: STAR: 21st of the month • Bulletin: Monday, 8 AM • Candle: Wednesday, 8 AM



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Visit our website at *<u>mmm.epiphanyanglican.net</u>*

Encountering God, Building a multigenerational congregation, Equipping every member. MARK YOUR CALENDARS

October			
6, 13, ,20, 27	8: 00 AM and 10:15 AM	Holy Eucharist	
2	7:00 PM	Ladies Dining Out at Piero's Corner	
3	7:00 PM	Vestry Meeting	
6, 20	6:00 PM	Youth Connections	
12	10:00 AM	Band of Brothers at Arbor Terrace	
13, 27	2:00 PM	Worship at Arbor Terrace	
27	5:00 PM	Pumpkin Carving Potluck	
November			
3, 10, 17, 24	8: 00 AM and 10:15 AM	Holy Eucharist	
3, 24	6:00 PM	Youth Connections	
6	7:00 PM	Ladies Dining Out at Piero's Corner	
9	10:00 AM	Band of Brothers at Arbor Terrace	
10, 24	2:00 PM	Worship at Arbor Terrace	
12	7:00 PM	Vestry Meeting	
24	11:30 AM	Children's Drama Interest Meeting	

