

Good Advice



How do we live well? We are surrounded attempts to answer this question. In our culture, most of those answers involve buying something. Or possibly making beautiful meals from stuff in the back of the refrigerator or amazing craft projects with things we find in our junk drawer.

Lately, we have been reading from a part of the Bible called the Wisdom books during our daily worship at Epiphany (Proverbs and the deuterocanonical book of Ecclesiasticus). These books also offer a picture of living well, one that isn't based on our ability to consume or create. Instead living well is grounded on older virtues - honoring God, humility in our relationships with others, justice, mercy, and one that is particularly hard for me, not talking too much.

I think Proverbs 3, verse five and six offer this perspective on living well in a nutshell. *"Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths."*

This is hard, right? I'll be honest, I only know a handful of people that have looked to me like they have gone a long way down this road (some of them are here at Epiphany). Much in each of us conspires against this sort of well-lived life. But this is also what I have seen, people that travel this way are truly beautiful people, the kind of people I really, actually would wish to be like. Their faith is inspiring. Their kindness and generosity is touching. Most of all, their trust in God no matter what life throws at them is something I deeply desire for myself.

Friends, all of us want to live well. We long for it. We have a choice to make about how to seek the good life. I'm convinced that our culture's attempts to buy or create happiness "out of things in the junk drawer" is a dead end. On the other hand, the picture of life lived well in the Bible is hard, but actually goes somewhere good.

God bless,

A handwritten signature in red ink, appearing to be the initials 'R + T'.

Kids Christmas Eve Drama: And a child shall lead them



On November 25th, the Sunday after Thanksgiving, we will gather the children and start casting for the Christmas Eve Drama. This has been our tradition for the past couple years and I am excited to stage this drama in a new setting. It is true that the children really are cute, even if they forget their lines or their halo falls off. But we don't go to so much effort merely because we like to see the kids dressed up looking cute. Parents and grandparents sacrifice to have their children participate so it has to be about more than the cuteness factor!

Our goal is that our children internalize the truths of the story of Jesus' birth as they participate in the story on Christmas Eve. Additionally, the children get a chance to be together with their friends from church. Practicing for the drama is fun and our children have more opportunities to interact with their friends. Children who have friends at church are more likely to want to go to church. There is no way to raise Christian kids in our increasingly secular world without the church.

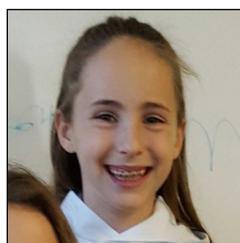
Children's participation in our Christmas Drama also helps draw in extended and immediate family members and others who might not normally attend a church service. We all know that Christmas is a time of family togetherness and what could be a better gathering place than our church here at 5:00 pm on Christmas Eve? But the truth of Isaiah 11:6 also comes to mind.

*The wolf shall dwell with the lamb,
and the leopard shall lie down with the young goat,
and the calf and the lion and the fattened calf together;
and a little child shall lead them.*



God has seen fit to speak to us through the innocence and the beauty of children. Children's words seem to get around our usual toughened defenses. What we see is tenderness and we are each the better for it. So, consider staying with your children for an hour at the end of Sunday services for drama practice beginning November 25th through December 23. It is worth it, for them, for you, and for others who will come and hear the story of God's love come down on Christmas Eve, I promise.

Pamela +



Mark Your Calendars: Prayer, Praise and Pie for Thanksgiving

This year, we are continuing our practice of gathering to Give thanks to God for His many blessings and to share pie the evening before our Thanksgiving celebrations. We will be gathering together at 7pm on Thanksgiving Eve (Nov. 21) for “Prayer, Praise and Pie.”

While there will be a simple outline, this is going to be an informal time of thanking God for all the ways He has blessed us this past year, Taize’ music led Epiphany musicians, and then of course, sharing our favorite family pies in honor of the Thanksgiving holiday.

So, mark your calendar, dust off your best pie recipe and plan to start your Thanksgiving holiday by thanking God for his many blessings.



Fr. Peter helps himself to one of the many homemade pies at last year’s ‘Prayer, Praise and Pie’ evening.



Interested in Going to Greece?

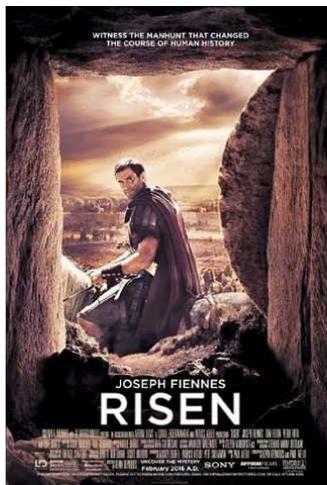
Epiphany is going to Greece in 2019! Interest is high and sign-ups have already begun for this special pilgrimage to Greece October 7-16, 2019. If you are interested in traveling in the footsteps of St. Paul with friends from church, information about the trip, including costs and a full itinerary is available in the fellowship hall publication rack or by talking with Fr. Peter.



Watching “Risen”

About 30 gathered to watch the movie “Risen” on October 14. With the movie, which was set in the time of Jesus, we enjoyed a lunch of foods that were common in first-century Israel.

Clare Frank helps set tables for the lunch 



People take their seats for the movie. 



Annual Parish Meeting is Nov. 11

Epiphany's annual business meeting will be at 11:30am on November 11 in the fellowship hall. During the meeting, we will hear a financial update from our finance committee, as well as "state of the church" reports from the rector and associate rector.

The chief business item of our meeting will be the election of five new vestry officers to serve a three-year term beginning on January 1, 2019. Candidates are Lisa Baehr, Margaret Stromberg, Kelly Derrick, Patricia Meyer and Carole Menzel. You can read more about our candidates beginning on page 8 in this issue of the Star newsletter.

Our goal will be to complete the annual meeting in about an hour. We will provide a simple lunch as well as child-care for younger children.

Please plan to attend!



Holiday Baskets - Help Our Neighbors

In Mark 14:7, Jesus reminds us "the poor you will always have with you." This is true in Northern Virginia, with about 90,000 people below the poverty line. Last year, Epiphany participated in the WFCM Holiday Food Assistance Program by delivering food baskets at Thanksgiving as a church, and the home groups also delivered Christmas baskets. This year, we plan to sponsor 10 families for both Thanksgiving and Christmas.

There are a few different ways you can participate. First, pick up a shopping list and go shopping. If you'd rather provide a grocery gift card, we'll need those in \$10 or \$25 increments, so the family can buy a turkey or other meat. Or, sign up to "bat cleanup" during the last week before delivery, to fill in any gaps we have in food or gift cards. You can also bring in home-baked goods, if you like – please plan to do that the last week. Bring your food and gift cards to the church over the next two Sundays, ending on November 18.

Next, consider signing up to help assemble and/or deliver the baskets on Sunday the 18th after church. Deliver with your spouse, your family, homegroup, or with a friend or neighbor. Note how you want to help on the signup sheets in the Gathering Place. Remember that we are blessed to be a blessing, and thank you for your generosity! Questions? Contact Christina Cummings 703-915-3575 or ccummings69@gmail.com.



Epiphany's Own Gaga Ball Arena

There is a craze among our youth that started when they went on retreat. It is called Gaga Ball and it is played as dodge ball but within this smaller arena. It is a fast moving game that encourages even non-athletic folks to join in. I have been dreaming about having our own arena for more than a year. The youth are so grateful that we have our own place to play. Our most sincere thanks to Epiphany's "woodchucks". We would even invite the adults to play!

Pamela +



Delivery and assembly



Finished



First live test!

Epiphany Pumpkin Carving

Every year, Epiphany invites friends from Sports Camp as well as our own families to come together for dinner and pumpkin carving. This year, more than 60 attended. This is a great way to be friends to our broader community and build on the relationships we have started through Sports Camp. It's also lots of fun!



Name: Kelly Derrick

Preferred Name: Kelly

Family Members: Jane (wife); James (6) and Jocelyn (3 months)

Occupation: Home Improvement



A. How would you describe your relationship with God and how you have come to this point in your spiritual journey?

Growing up in Vienna, VA, I was a regular member of Andrew Chapel United Methodist Church through high school. I was very active in the church as a young adult and was involved in several ministries. After getting married, my wife Jane and I began looking for a church that we felt fit us and our spiritual needs. We found our answer after attending a service at Church of the Epiphany back in late 2008 and have been members ever since. We have been blessed with two beautiful children, James (6) and Jocelyn (3 months).

B. In order for the parish to get to know you, describe your history with the Church of the Epiphany, including how long you have been attending, what ministries you are or have been involved in.

I am a part of the ministries for ushering and food bags for Coates Elementary and hope to return to the Hot Meals ministry in the future. Helping where it is needed at Epiphany I enjoy a lot and feel Vestry is the next call to service

C. What are your hopes and dreams for Church of the Epiphany?

It has been exciting watching the church grow and I look forward to helping Church of the Epiphany Anglican continue on our journey in our new home. I would love to see church growth in the number of new families/couples that we welcome and as a result of that, growth in the areas of education and community outreach. Thank you for my consideration.

D. How will your life experience and abilities contribute to our leadership?

Being in the home improvement industry for almost 20 years, I really enjoy the whole process of a project, from initial inspection to completion. Managing projects and processes is essential to the success of any organization and I hope to help continue the great work of those who have come before me. Since becoming a member of Church of the Epiphany Anglican, I have witnessed how the Vestry and congregation tackle any major project that is laid before them and it is truly awe-inspiring. I look forward to contributing to the future accomplishments and growth of this church.

Vestry Candidate



Name: Lisa Baehr

Preferred Name: Lisa

Family Members: Andy - husband, Ashley - daughter, Daniel - son

Occupation: student – currently; soon to be a registered sonographer at MFAMA.



A. How would you describe your relationship with God and how you have come to this point in your spiritual journey?

I was raised in a wonderful Christian home where Christ was at the center of our lives. We attended Truro Church, until Epiphany began as a mission church. As a young adult, I came to realize that salvation does not happen "by proxy", and I needed to make a commitment of my own. God is my savior and constant friend. I know He is ever present in my soul (even when I may not feel it). I love to start each day by praying God will strengthen me in all I will encounter, especially praying for my family, friends and that I can meet the needs of my patients.

B. In order for the parish to get to know you, describe your history with the Church of the Epiphany, including how long you have been attending, what ministries you are or have been involved in.

My parents are founding members, starting when I was in college. Andy and I were married at Epiphany and have been member ever since. I currently serve as a lay eucharistic minister, teller, member of the bell choir, women's ministry member and part of a home group Bible study. In the past, I have served as head teller, nursery coordinator, women's retreat organizer, Marriage Mentors, FACETS worker, VBS volunteer, and parent support for youth group and Little Women.

C. What are your hopes and dreams for Church of the Epiphany?

My hope for Epiphany is to see the membership continue to increase, including generations of families. Even more, support the spiritual growth of all members, equipping us for outreach ministry at home and abroad. I, also, hope to see Epiphany encourage more young adults to be involved in the church, creating a ministry to college/young adults, supporting them in their faith.

D. How will your life experience and abilities contribute to our leadership?

Before retiring in August 2017, I was the practice manager for a busy dental office for over 30 years. My job was to oversee the operation of the practice, including payroll, accounts payable, accounts receivable, and facilitated communications between dentist, employees and patients. This taught me to be an effective leader, behind the scenes, to ensure a smooth operating business. I am currently a full-time student, preparing to graduate in December 2018.

Vestry Candidate



Name: Carole Menzel

Preferred Name: Carole

Family Members: Keith (Husband); Laura & Bryan Galo (Daughter and Son-in-law); Christopher & Molly Menzel (Son and Daughter-in-law)

Occupation: Retired Program Manager



A. How would you describe your relationship with God and how you have come to this point in your spiritual journey?

I have been a believer since I was a child. I was raised in a loving Christian home, and our family was very active in the church. I was raised in the Presbyterian church; Keith was raised Catholic. When we got married, we decided to attend the Episcopal church.

I strive to walk daily with the Lord, and continue to grow in my relationship with Him. The relationships I have developed at Epiphany are important in my walk with the Lord.

B. In order for the parish to get to know you, describe your history with the Church of the Epiphany, including how long you have been attending, what ministries you are or have been involved in.

We have attended Church of the Epiphany since 1989. While our children were young, I taught Sunday School for ten years.

I was a member of our new building build-out committee, with responsibility for the kitchen and fellowship area.

For the past five years, I have taken the lead in planning and preparing church meals and special events.

I am active in the following ministries: Marriage Mentors, Home Group, Lay Reader, Altar Guild, Nursery, Loaves and Fishes, Prayer Line, Prayer Letter, Stand in the Gap, Facets Hot Meals, Journaling, Bell Choir.

C. What are your hopes and dreams for Church of the Epiphany?

My first hope for Church of the Epiphany is that we always remain true to the Word of God. Epiphany is a loving, multi-generational family. I pray that we continue to grow together as God's family, and that we are a place where families can raise their children in the love and knowledge of God.

D. How will your life experience and abilities contribute to our leadership?

I have several years' experience as a program manager. I am very organized and have good analytical skills. I am a team player, and listen to everyone's input before making decisions.

Vestry Candidate



Name: Patricia Hanes Meyer

Preferred Name: Pat

Family Members: Three children and seven little ones, none of whom live in Metro DC.

Occupation:



A. How would you describe your relationship with God and how you have come to this point in your spiritual journey?

The granddaughter of a Pastor of 60 years. I have always known God, believed, and seriously contemplated entering the ministry. From adolescence on, sought to know Truth and to fulfill His will for my life with periods of "on and off" success. The yearning to seek and fulfill His will has grown over the years.

B. In order for the parish to get to know you, describe your history with the Church of the Epiphany, including how long you have been attending, what ministries you are or have been involved in.

The Church of the Epiphany became my home church in 1990. Since then, I have led a Women's Retreat at Camp Wabanna, have joyfully and gratefully served on the Prayer Corner Team, the Altar Guild, and as a LEM (Lay Eucharistic Minister), and led Monday Morning Bible Study for many years.

C. What are your hopes and dreams for Church of the Epiphany?

Church of the Epiphany has long been a flock of dedicated servants, a blessing to each of us. My hopes are that we will continue to hold the Great Commission as our Path (loving God with all of our hearts and loving our neighbor as ourselves). Specifically, that we seek to provide opportunities for spiritual growth to our youngest members upward to our wisest elders. And, that we always seek ways to reach out, connect and nurture those who do not know God.

D. How will your life experience and abilities contribute to our leadership?

Throughout my life, I've had the privilege to belong to groups and organizations that required leadership.

Vestry Candidate

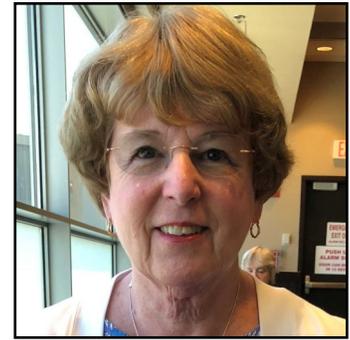


Name: Margaret Kay Mazourek Stromberg

Preferred Name: Margaret

Family Members: Merle (Husband); Meghan (Daughter) and her family; Micah (Son); Timothy (Grandson).

Occupation: Homemaker, Retired Medical Technologist



A. How would you describe your relationship with God and how you have come to this point in your spiritual journey?

I have always known that God was my father and Jesus my Lord and Savior. As a child I attended the Episcopal Church. As a college student in Utah I was told by a friend of my father's that to "survive" the Mormons I had to practice my faith, which I did. That advice continued to help with each move that I made with Merle in his Naval career. My faith has continued to grow through the years and I can see how with each new experience and continued fellowship with Christians, who have been so supportive, has led to increased faith.

B. In order for the parish to get to know you, describe your history with the Church of the Epiphany, including how long you have been attending, what ministries you are or have been involved in.

I have been a member of Church of the Epiphany since 1987, with a four year hiatus 1998-2002 when we were living in Colorado. Before we left for Colorado I was helping with Local Outreach where I was involved with the beginnings of FACETS, WFCM, our own food pantry, yearly Thanksgiving and Christmas baskets, Angel Tree gifts, and Back to School supplies which included new shoes and underwear for the three families I was personally mentoring. Since we returned from Colorado, I was asked to join the Altar Guild, became the Assistant Chair, and after the split I became Chairman of the Altar Guild. I served as a vestry member 2006-2009 during which time we had to vote on whether to split from the Episcopal Church. I was a member of the Build-out Committee for our recent move, and I serve as a LEM for the 8 AM service.

C. What are your hopes and dreams for Church of the Epiphany?

Based on my experience, I would like to see Epiphany touch each member so that their faith might grow. I loved seeing how the local outreach programs could help our children realize that they were capable of serving God, i.e., shopping with mom and dad for groceries for baskets and Angel Tree gifts, putting the baskets together, delivering them, helping with FACETS meals, and cleaning the pantry.

D. How will your life experience and abilities contribute to our leadership?

I think my opportunity to attend so many different churches in so many places has been a big help in realizing what a wonderful church family we have here at Epiphany. Throughout the years I have been involved in many aspects of ministry and I think that helps me see the big picture better. My education and practice as a Medical Technologist taught me to view things from a scientific point of view and to become detail oriented.

Vestry Candidate



Missions Update: Andy & Becky Fetzer

Andy and Becky Fetzer left the security of family and friends in Northern Virginia to go spread the faith in southwestern Virginia. How have they fared? Here are excerpts from their most recent report:

THIS MONTH IN YOUNG LIFE ROANOKE

The fall has begun and we are off and running! It is a crazy season filled with Young Life Clubs, fall camp trips, our banquet, and more. Monday night, around 150 high school kids went to local Young Life clubs here in Roanoke. Young Life staff and leaders are in charge of that time, but you wouldn't know it. Not because they lack leadership, but because our campaigners are bringing their friends, leading the room, and loving people out of an overflow of Jesus' love for them. I'm not sure there is a more beautiful picture of the Gospel.

From an outsider's perspective, what we do in Young Life is weird. Sometimes we wear wigs and do skits... Sometimes we buy shaving cream, cheese puffs, candy, and a can of dog food at Kroger for a club... Sometimes we cheer people on at the finish line of a cross country race as they throw up and pass out (who knows if they even saw me). But, as an insider, you know we do it all for the sake of earning the right to be heard as we share with teens the good news about Jesus Christ. Thanks for being a part of this with us.





BIRTHDAYS

1	Ted Fredrick	11	Emily McKenica	18	Catherine Croft
	Ed Stachew	16	Brandon Baumgartner	20	Ginny Roberts
7	Kurt Louis		Evelyn Noble	21	Colin Tucker
8	Bill Knight		Penny Rauh	25	Jonathan Merrill
10	Shervan Torabi	17	Melanie Miller	28	Bessie Cool

Happy Anniversary



WEDDING ANNIVERSARIES

2	Christina & Ross Cummings	24	Carolyn & Larry Pantzer
7	Pat & Will Schreiner	25	Jennie & Bob Beckley
12	Cyndi & Ron James	28	Lisa & Michael Ellis
21	Sheila & Jimmy Crawford		

Here at Epiphany we emphasize:

- ✝ Encountering God through beautiful worship and believing prayer
- ✝ Building a multigenerational congregation that loves children and families.
- ✝ Equipping every member to publicly proclaim the Good News of Jesus Christ.



Worship Schedule

Sundays

8:00 and 10:15 AM
Eucharist and Healing

At the 10:15 AM service:

Nursery available for infants through 2 years old
Sunday School for children 3 years old through 5th grade

Weekdays

9:00 AM

Monday, Tuesday, Thursday and Friday

12:15 PM

Wednesdays: Holy Communion



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 Prayer Line: 703.389.7292

Visit our website at www.epiphanyanglican.net

Encountering God, Building a multigenerational congregation, Equipping every member.

MARK YOUR CALENDARS

November		
4	2 AM	Daylight Saving Time Ends (Fall Back) 
4, 11, 18, 25	8: 00 AM and 10:15 AM	Holy Eucharist
4, 11, 18, 25	9:15 AM	Adult Education
4, 18	6 PM	Youth Connections
7, 14, 21	9:30 AM	Women Sharing Jesus
11	11:30 AM	Annual Parish Meeting
13	7 PM	Vestry Meeting
16-17		Diocesan Synod
18	2 PM	Marriage Mentors - Library
21	7 PM	Prayer, Praise and Pie 
25	11:30 AM	Christmas Drama Practice
25	2:00 PM	Worship at Arbor Terrace
December		
2, 9, 16, 23, 30	8: 00 AM and 10:15 AM	Holy Eucharist
2, 9, 16, 23,	11:30 AM	Christmas Drama Practice
2	6: 00 pm	Christmas Fun for Kids
11	7 PM	Vestry Meeting
16	6:00 PM	Youth Connections
20		Bishops Task Force on Liturgy
23	2:00 PM	Worship at Arbor Terrace
STAY TUNED FOR A COMPLETE SCHEDULE OF CHRISTMAS SERVICES		

